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## SENIOR CITIZEN NEWS

243-5545 coa@town.lee.ma.us LEE COUNCIL ON AGING 21 CROSSWAY ST., LEE MA.0123 OFFICE HOURS: MON.- THURS.9:00-1:30 Patricia DiGrigoli –Director CLOSED ON FRIDAY'S THANK YOU TO LINDA BELANGER for this BEAUTIFUL picture



# May 2024

May Every sunrise hold more promise and every sunset hold more PEACE

\*\*Happy Mother's Day to all our Moms, Grandmoms, step Moms, Foster Moms,

aunts, sisters and those who lost their Moms

MOMS ARE PRICELESS!

#### JOIN US FOR A WILD ZOO PARTY NO LION!!!!!

LET'S GET WILD!!!!
On Tuesday May 14th
Come in at 11 and visit our
ZOO!! Enjoy a nice lunch
at 12 and then stay for an

amazing
Bird video presentation
Starting at 1 'clock

By Mark Ameigh!!
RSVP please by May 9th
You do know it's National Smile Month,
Right???

### HAPPY MOTHER'S DAY PLEASE JOIN US FOR A MOTHER'S DAY BRUNCH ON

THURSDAY MAY 9TH AT

11 O'CLOCK
Catered by our friends FROM
THE LANDING AT LAUREL
LAKE
SIT BACK AND RELAX WITH
SOME CLASSICA L MUSIC BY
KAREN TCHOUGOURIN
Please rsvp by Mon. May 6th

#### KNITTING AND POOL DAY!! OH MY!! COME JOIN THE FUN. DOUG IS LOOKING FOR POOL PLAYERS AND WE ARE OUT TO FINISH OUR PRO-JECT TO MAKE MORE.. Homemade gifts are the best. Come on in!!!

Monday's May 6th, 13th and 20th SEE YOU THEN!!!

#### **National Police Week**

Join us after breakfast on May 15th as we have some delightful members of Police department who worry about us and want to tell us the latest scams!! 10:30

ANOTHER IMPORTANT EDUCA-TIONAL AFTER BREAKFAST TALk WITH PAULA ALGRAM1 PAULA is a LAWER who Specializes in senior law. Join us on Wednesday May 22nd at 10:30

WE HAD A SPECIAL INVITATION FROM SUGAR HILL IN DALTON TO JOIN THEIR SPECIAL BINGO DAY! So join us if you're a BINGO lover on Wednesday May 16th. Their van will pick us up at 10 of 1 if a ride is needed. Prizes and goodies will be awarded! It will be fun so call by May 9th as van Space is limited. Call 243-5545 soon!

4 27 32 55 73

MEMORIAL DAY

OOH, LA LA-IT's time for one of our favorite things-THE LEE HIGH PROM FASHION SHOW! JOIN US ON WEDNESDAY May 29th at 1:30. This is such a delight you won't want to miss. Refreshments served

Lunch and **Movie and Movie** 

#### TIME FOR WALMART OR ALDI TRIP SPACE LIMITED SO CALL SOO **TRIP MAY 16**

Our Famous Community Chef Day WHAT!!! You haven't been. It's fun, its delicious and you only have to bring a container to take some home. May 29th At 10:30 Sign up Please by the 22nd. WHooo will be the chef?

#### **May 30th at 12** Movie to be announced

Thank you to Lou Caropresso For making our auction FUN!!!

LIFE IS A PICNIC Join US FOR OUR MEMORIAL DAY PICNIC WITH ALL THE TRIMMING! MAY 23RD. AT 12 IN GAZEBO IN BACK Rsvp 243=5545

#### **CHP MOBIL HEALTH**

Coming to Crossway Village May 20 1 to 3 65 plus years 2nd dose updated Covid vaccine. Do you need to be seen for urgent care, sick visit, or a wellness check? Do you need your Covid or flu vaccine or booster? The MHU team is here to help with your medical needs. Will also help with signing up for SNAP benefits, Mass Health and more. Schedule an appointment (413) 528 – 0457. Don't Delay!



Looing for POOL PLAYERS to play pool on Monday's with Doug.
Come on in on Monday's 1 to 3!!!
GREAT EXERCISE TO KEEP MIND SHARP!!!

Thank you to Meg and the Canna Provisions for an awesome lunch and great presentation!

Officer Burdick

Giving a inspiring talk to our Girl Scouts on what is like to be a woman Police Officer! Thank you Officer-Burdick!!







TOTAL ECLIPS OF THE HEART

By: Peter

ON GOING MONTHY EN-TERTAINMENT! Below

Our knowledgeable Lee Library Director, Damon will be here to help with your IPODS, cell phones, etc. on May 7th at 10:30

RISE AND SHINE WITH US! It's a fun relaxing breakfast time at 9:30!!! May 1st. Flatbread breakfast pizza May 8th Cereal/ toast May 15-waffles

BINGO DAY May 7th, 21st. All 1-3 \*\*\*NEW Game Day 28th. Come have some fun as we Have some fun games to keep our head on straight!

IT IS WITH SADNESS THAT WE LOSE NORMA MARONI AND GAYLE PUHLASKI. For 33 years Norma was our Council on Aging Dir. She left her legacy with ALL of us. Gayle was so supportive of our senior center and an active Girl Scout leader with us. They will be so missed. We wish PEACE to family and friends

Monday	Tuesday	Wednesday	Thursday	Friday
		1.8:30-9:30 tai Chi with Chris 9:30 Breakfast 1:00 Bridge with janice	2. It's National Smile Month	smile)
6.9:30-10:30 Exercise with Chris in gym 1-3 Relax with a good game of pool, or come in to knit or work on your project. Deadline for Mothers day Luncheon	7. Damon from Lee Library to help with your cell phone, Ipod, etc. 10:30 12:00 Bingo	8. Tai Chi 8:30-9:30 ++++9:00 Breakfast 1:00 Bridge with Janice Brown Bag Day	9.Mother's day luncheon by reserva- tions 243-5545 11:00 Brunch 11:30 Music	10.Happy Mother's day to ALL the woman out there. Love to all of you!
13. 9:30 –10:30 Exercise in gym with Chris 1-3 KNITTING/ POOL	14. Let's get Wild 15. Zoo Day at 11:00 Lunch 12:00 Bird Presentation 1:00	15. 8:30– 9:30 Tai Chi 9:30—10:30 Breakfast 10:30 Lee Police dept. Talk on scams. Don't miss!! Ride to Sugar Hill Bingo	16. 1-3 Sewing group meets Come in and Join them!	17 ITS RUBBER BANDS BIRTHDAY (1845)
20.9-30-10:30 Exercise 1-3 Knitting/Pool 1-3 by gym mobile Heath van	21. 12;)0 bingo	22.8:30- 9:30 9:30 Breakfast 10:30 Paula Algram	23.MEMORIAL DAY PICNIC AT 12	24.
27. Thank you VETER-ANS	28. Game day	29.8;30– 9:30 Tai Chi 10:30 community Chef 1:30 LEE HIGH PRIM FASHION SHOW	30.12:00 Lunch with Movie to follow	31 BE SAFE AND KEEP SMILING!!!