
LEE



SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director

PLEASE NOTE: CLOSED ON FRIDAY

2023



“Why fit in when you were born to stand out”

—Dr. Seuss



Please join us for a wonderful luncheon
IN HONOR OF FATHER'S DAY
Our host will be The Landing at Laurel Lake

Date JUNE 8, 2023

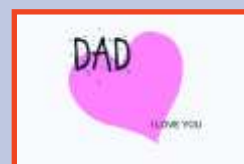
TIME: 12 o'clock

Entertainment: Will Losaw and our dear friend
Tom Garrity

TIME: 1 o'clock

NO, this is not just for Dad! Come and honor all our Dads!
PLEASE R.S.V.P. by June 6th

A Happy Father's Day to ALL the men in our lives!



ESCAPE THE HEAT AND COME ENJOY SOME OF OUR ACTIVITIES AT THE SENIOR CENTER



What better way to start your Day than by listening to some great melodies by

The LEE HIGH CHORUS!!!

Join us on Monday June 5th
At 10 o'clock

Oh, its GReAT to get up in the morning!!!

Listen to music, have some coffee and enjoy friends!



Time for our Monday
Knitting or Pool time
Monday June 5th
June 12 and June 26th
Time; 1-3
Bring your projects in!!!



Days for Girls
Join a special sewing project on Friday
June 16th. No sewing experience necessary. You can help with cutting
June 16th . 10-3

Start your day with us, Rise and Shine its our breakfast and special social time together!

Wed. June 7th: Blueberry oatmeal pancakes 9:30

Wed. June 14th Toast and cereal 9:00 (brown bag day)

Wed. June 21st. BLT egg sandwiches 9:30



**WANTED
ANY
size
ironboard**

Remember the amazing vegetables from the Community Garden??

Well they will be bringing them back AND they will be our

COMMUNITY CHEF for NEXT couple of months to help us with some GREAT wholesome garden meals. So pick up the phone today and make a reservation to watch this demonstration AND bring a container with you so you can bring home some delicious entrée the Chef has prepared!!

**Stay tune as we get ready for a
MATTER OF BALANCE CLASS**

**I will be out of the office the last week
of June but Diane Carrol will be
here. Please schedule rides early!
Thank you!**

BLOOD
PRESSURE
CLINIC JUNE
27th from 9:30
To 10:30
Foot Nurse by

OUR FUN BINGO
DAYS
JUNE 6th
June 13th TIME
June 20th 12:00
June 27th

WALMART TRIP
JUNE 15 at 9:30 pick
up!
Please call to reserve
you seat, as they go
quickly!!

LOOK AT THE FUN WE"VE HAD!!!



Dressed in our best celebrating Laughter Day BINGO!!!



Great lunch with Community Chefs
Marge, Nancy and Sally!! Many thanks also to
Sandy for the cupcakes!







A  fun
group
enjoying our
Mother's Day
Luncheon!

GIRL SCOUT AWESOME FASHION SHOW!



FUN GAME DAY WITH ST. MARY'S YOUTH GROUP!



Monday	Tuesday	Wednesday	Thursday	Friday
A HUGE THANK YOU TO BIG Y FOR BREAD AND PASTRIES EVERY MONDAY AND TUESDAY> PLEASE STOP IN AND HELP YOURSELF!!!			1. Van to all LEE Designations. Call for ride EARLY	2.
5.*** School Chorus at 10 9-10 Exercise in gym and have a GREAT workout with Chris 1 to 3 Knitting fun or Pool fun! Come on in!!!!	6. 12:00 Bingo	8:30 to 9:30 Tai Chi (Great For Balance) 9:30 Breakfast 1:00 Bridge with Janice	8. Laurel lake Luncheon in Honor of Dads 12:00 1:00 Music with Tom Garrity and Will	9. Donald Ducks Birthday! 
12. 9-10 Great exercise class with Chris! 1-3 Knitting/ Pool day	13. 12:00 Bingo!	14.Brown Bag Day 8:30– 9:30 Tai Chi 9:00 Breakfast 1:00 Bridge with jJanice FLAG DAY! 	15. 9:30 starting pickup for WALMART with a reservation	16. 1-3 Days for Girls SUNDAY JUNE 16th. HAPPY FATHER'S DAY!!!
19. 9-10 Exercise group Senior Center CLOSED 	20. 12:00 Bingo	21. FIRST DAY OF SUMMER! YEA!!!! 8:30-9:30 Tai Chi 9:30 Breakfast 1:00 Bridge	22.Columnists' DAY	23. 
26. 9:00-10:00 Exercise 1-3 Knitting /pool group	27. 9:30 –10:30 Blood Pressure Clinic 9:00 Foot Nurse 12:00 Bingo	28. 8:30-9:30 Tai Chi 10:30 COMMUNITY CHEF 1:00 BridgeDAY	29. STAY SAFE!	30. WE ALL COULD USE A PRAYER> PLEASE PRAY FOR OUR SICK