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# LEE



## SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director

Closed on Friday's

Picture taken from Linda's back yard!!!

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APRIL 2024



### Advice from a Bluebird

Rise early. Spread a little happiness. Keep a song in your heart.

Be Colorful. The sky's the limit.

( If happy little bluebirds fly beyond the rainbow, why oh why can't I)

LINDA SULLIVAN shared this awesome picture with us! Thank You!!!

**AUCTION**  
**Your invited to our**  
**Auction Fun Day!!!**  
**April 25, 2024**  
**Time 1 0' clock**



**If you like tag sales or have something to  
sell but having trouble selling .....THEN register your item in our AUCTION  
Bring in your item for us to register BY APRIL 17th and our auctioneer  
LOUIS CAROPRESSO  
Will get you the highest bid!!! (CALL US FOR DETAILES)  
Drinks and Hors d'oeuvres to be served**

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**Be grateful you're where you are at this moment. Don't worry about trying to hurry the future along. Look for the joy in life now!!!**

**Here are some fun things we would love it if you joined us for all or some**

Our knitting group is filled with very interesting people! They have so many ideas and share so much and willing to help with any project you need help with. So join them every Monday from 1 to 3. You don't have to knit, work on your own project OR come in with a friend and play pool.



**BINGO!!! APRIL 2nd, 16th and 30th at 12:00 Only**  
10cents a card!!!



**YOU HAVE GOT TO COME TO OUR BREAKFAST OF CHAMPIONS!! 9:30 WEDNESDAY Apr. 3rd. Peanut Butter and Jelly pancakes-to celebrate p.b& jelly day!**

Wednesday April 10th Cereal/toast

Brown Bag Day \*\*9:00

Wednesday April 17th Ham,egg,and cheese  
English muffin strata. PLEASE RSVP

May 1st Breakfast at 9:30

**Tablet Help, computer help, cell phone help with Lee Library wiz, Damon**  
**TUESDAY APRIL 9th starting at 10:30**



**Come and Join**  
**DONNA GROVER'S**  
Grand Opening and Reception of her nail salon at 21 Crossway St. at the Senior Center  
April 16th from 10:30 to 12  
Stop in to enjoy , drinks, snacks and prizes!

**April 23 Foot nurse by appt.**  
**Call 243-5545**  
**Blood pressure Clinic April 30th**  
**9:30-10**  
**Days for Girls**  
**April 19th 1-3**

**Lunch and Movie April 11th at 12**  
**Movie to follow**  
**Movie: Blended: Drew Barrymore and Adam Sandler Find themselves Stuck together in a resort for families**

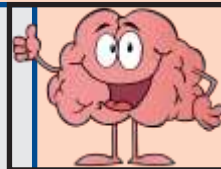


**WAL-MART/ ALDI's TRIP April 18,sign up soon!**

**OUR FAMOUS ; COMMUNITY CHEF DAY**  
Will be on  
Wednesday April 24th  
We WELCOME the Girls from the Lee Town Hall!!! YEA!!  
Bring in those containers and  
RSVP!!!

**NEW!!**

Research found that brain training games can be directly associated with improvement in reasoning, memory, attention and processing . The biggest benefit is help with memory. So have some fun with us on April 9th at 1 and 23rd as we play some mind games 10:30



**It is with great sadness that we lose**

**our supportive senior center friends. Peace to their families and friends: Dick Lyndsay, George Moore and Joan Zarvis**







Community Chef Fun with Lee Bank



Girl Scouts leaning a great lesson on Bees from Doug Wilcox







An delicious lunch with The Landing at Laurel Lake and the Incredible Kelly Irish Band , made it a Great St. Patrick's Day.

Paula from the Lee Bank teaching Our Girl Scouts a Lesson in savings!!

Thank you to ALL!!!



| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| 1. 9-10 Exercise class<br>A GREAT CLASS!<br>1:00 Knitting/ Pool  | 2.<br>12:00 BINGO<br> | 3. 8:30-9:30 Tai Chi<br>9:30 Breakfast<br><br>1:00 Bridge   | 4. AARP Tax prep<br>for Sign ins only                            | 5.   |
| 8. 9-10 Exercise class<br>1:00 Knitting/Pool<br> | 9.<br>10:30 Computer help<br>with Damon<br><br>1:00 Mind games   | 10. 8:30 Tai Chi<br>Brown Bag Day<br><br><br>1:00 Bridge | 11. Lunch and Movie<br>day<br><br>Movie: Blended<br>Starts at 12 | 12. BE SAFE!<br>BE KIND  |
| 15. 9-10 Exercise Class<br>1-3 Knitting /Pool  | 16. 10:30-12<br>Open House with Do-<br><b>na Grover's new nail</b><br>salon<br>12:15 BINGO             | 17. 8:30—9:30 Tae Chi<br>A GREAT class for Bal-<br>ance<br>1:00 Bridge  | 18.<br>Wal mart trip   | 19. Day's for Girls<br>1-3   |
| 22. 9-10 Exercise<br>In gym<br>1-3 Knitting Group  | 23.<br>10:30 Mind games<br>Foot nurse by ap-<br>pointment  | 24. 8:30 –Tai Chi<br>10:30<br>Community Chef<br>Day with the Lee<br>Town Hall girls   | 25. Auction<br><b>1 o'clock</b>                                  | 26.<br> |
| 29. 9-10 Exercise<br>1-3 Knitting Group  | 30.<br>12:00 Bingo<br>Blood pressure clinic<br>9:30  | MAY 1.<br>8:30 –9:30 Tai Chi<br>9:30 breakfast<br>Flat Bread break-<br>fast pizza's   | May 2nd.   |  |